



First Responder

Webelos Adventure Workbook



No one may add or subtract from the official requirements found in the *Cub Scout Webelos Handbook*

This workbook was updated in June, 2016.

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FOR SCOUT MASTER USE ONLY (DO NOT USE)		
REQUIRED ITEM	APPROVED BY	DATE APPROVED
FIRST ITEM (EXPLAIN FIRST AID)	_____	__/__/____
SECOND ITEM (HURRY CASE)	_____	__/__/____
THIRD ITEM (HELP CHOKING VICTIM)	_____	__/__/____
FOURTH ITEM (HELP A STROKE VICTIM)	_____	__/__/____
FIFTH ITEM (TREATMENTS)	_____	__/__/____
SIXTH ITEM (SIMPLE FIRST AID KIT)	_____	__/__/____
SEVENTH ITEM (READINESS PLAN)	_____	__/__/____
EIGHTH ITEM (VISIT WITH FIRST RESPONDER)	_____	__/__/____

Webelos Scout's Name: _____ Pack No. : _____

This adventure is required to earn the Webelos Badge.

Do all of these:

- 1. Explain what first aid is.

- Tell what you should do after an accident.**

- 2. Show what to do for the hurry cases of first aid:**
 - a. Serious bleeding**
 - b. Heart attack or sudden cardiac arrest**
 - c. Stopped breathing**
 - d. Stroke**
 - e. Poisoning**
- 3. Show how to help a choking victim.**
- 4. Show to treat for shock.**
- 5. Demonstrate that you know how to treat the following:**
 - a. Cuts and scratches**
 - b. Burns and scalds**
 - c. Sunburn**
 - d. Blisters on the hand and foot**
 - e. Tick bites**
 - f. Bites and stings of other insects**

- g. **Venomous snakebite**
- h. **Nosebleed**
- i. **Frostbite**
- 6. **Put together a simple home first-aid kit.**
- Explain what you included and how to use each item correctly.**

Item	Purpose

- 7. **Create and practice an emergency readiness plan for your home or den meeting place.**

What is in the plan?

When did you practice the plan? _____

8. Visit with a first responder.

Who did you visit? _____

When? _____

First Responder

Webelos Scout's Name: _____

